

# Connect with a doctor anytime, anywhere with LiveHealth Online

When you're not feeling well, you have access to virtual care visits using LiveHealth Online. Whether you have a cold, you're feeling anxious, or need help managing your medication, you can have face-to-face visits with a board-certified doctor, psychiatrist, or licensed therapist from your smartphone, tablet, or computer.

### Medical doctors are available 24/7 – no appointment needed.<sup>1</sup>

Doctors can assess symptoms, provide a treatment plan, and prescribe or refill medications.<sup>2</sup> Care is available for health issues such as cold and flu symptoms, allergies, and sinus infections.

#### Visit a licensed therapist in four days or less.3

For help with mental health concerns such as anxiety, stress, and grief, you can connect to a licensed therapist or psychologist in four days or less and within two weeks with a psychiatrist.<sup>4,5</sup>

#### What's the cost of a LiveHealth Online visit?

If you don't have Anthem health coverage, here's what you would pay:

- o \$59 per visit with a medical doctor
- o \$95 per visit with a dermatologist
- o \$80 per visit with a licensed therapist
- o \$95 per visit with a psychologist
- \$175 for an initial evaluation by a psychiatrist and \$75 for a follow-up visit

#### Start using LiveHealth Online.

To register, go to livehealthonline.com or download the free app. For a medical visit, log on, choose a doctor, and your visit will begin in minutes. For mental health visits, choose from the available dates to schedule your appointment. LiveHealth Online is secure and confidential.<sup>6</sup>

## Sign up for LiveHealth Online today and be ready when you need it.

Go to livehealthonline.com or download the free mobile app from the App Store® or Google Play™.



- 1 Appointments may be needed for certain specialists.
- 2 Prescription availability is defined by physician judgment.
- Appointments subject to availability of a therapist. Online counseling is not appropriate for all kinds of problems. If someone is in crisis or has suicidal thoughts, it's important that they seek help immediately by calling 800-784-2433 (National Suicide Prevention Lifeline) or 911. LiveHealth Online does not offer emergency services.
- 4 Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online.
- 5 Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.
- 6 LiveHealth Online is a HIPAA-compliant confidential video service.